

# Keto Snack List

Pork rinds	Macadamias
Fat bombs	Pickles
Guacamole	Olives
Beef Jerky	Pumpkin seeds
Walnuts	Raspberries
Almonds	Meatballs
Canned tuna	Scrambled eggs
Cheese slices	Cacao nibs
Salami sticks	Strawberries
Sunflower seeds	Hard-boiled eggs
Whipped cream	Flaxseed crackers
Sausages	Canned sardines
Deviled eggs	Prawns
Cheesy chaffles	Hummus
Almond butter	Bacon chips
Blueberries	Sugar-free Jello
Blackberries	Turkey/cheese rollups
Dark chocolate	Tuna/mayo & pepper
Chicken drumsticks	Baked cheese chips

